Dear Teammates,

My name is Nelson Marrero and I would like to welcome you and your child to physical education. I graduated from Dowling College located in Long Island, New York; where I received my B.S. in K-12 Physical Education. I am also a personal trainer and have been training for 4 years. Throughout my life I have played numerous sports, which include basketball, baseball, football, hockey, tennis, volleyball, marital arts, and even gymnastics. A little fun fact about me I traveled to Japan to train in martial arts with the grandmaster of my discipline; Ninjutsu. Let’s just say, I know a lot about sports and staying physically fit. I am looking forward to sharing my knowledge with you and your child over the next semester! =)

1. Rules:
   1. Must demonstrate T.E.A.M
      1. Teamwork
      2. Effort
      3. “A” Positive Attitude
      4. Morals
2. Rewards:
   * 1. Choice of music
     2. Pick-an-activity
     3. Assistant Coach for the day
3. Consequences
   * 1. 1st Offense: Verbal Warning
     2. 2nd Offense: Removal from Activity
     3. 3rd Offense: Infraction
     4. 4th: Detention and Send to Administration
4. Grading

**Daily Points: Grade Weights:**

|  |  |
| --- | --- |
| Participation | 25 pts |
| Dress-Out | 25 pts |
| Attendance | 25 pts |
| Conduct | 25 pts |
| **Total Daily Points** | **100 pts** |

|  |  |
| --- | --- |
| Daily Points/Classwork | 20% |
| Projects | 20% |
| Quizzes | 25% |
| Tests | 35% |

\*If the student fails to dress out (proper uniform, athletic sneakers with laces tied, shirt tucked in, hair up) the student will not only lose all daily points, he/she will also have to call home and tell their parent why they will be losing their points for the day.

1. Excused Absence Policy:

If a student is absent he/she can write a 1-page summary of a sport/health/fitness-related article, as it relates to the current unit we are covering. This will be due the next school day, or the student will receive a zero for the day.

\*SEE ME FOR COVERSHEET OR CHECK WEEBLY\*

Locker Room:

* 1. Students will have 5 minutes to dress-out and 8 minutes to dress-in. If student walks out of locker room, not properly dressed-in (that includes if the shirt is not tucked in) and on time, then points will be deducted.
  2. Students are responsible for bringing their own locks to and from p.e. class. If a lock is left on a locker, it will be cut off at the end of the school day. (There are not enough lockers for all of middle school to have their own personal locker.)
  3. Any objects left in the locker room will be placed in a “Lost & Found” container until claimed. We are NOT responsible for items taken from the “Lost & Found” container.
  4. Absolutely NO perfume/cologne/body spray use in the locker room. Use of any of these will result in an automatic detention. However, deodorant is definitely encouraged!

1. How to contact me:
   1. If you have any further questions, concerns or just feel like you want to know more about me, feel free to call or email me. I will reply to you within 48 hours!
   2. I always have an open door-policy for my students to come and talk to me during school hours.
   3. Weebly: fa-nmarrero.weebly.com

Thank you and I look forward to your ongoing support throughout the year and teaching your child about physical education and how to be physically fit for a lifetime!

Your Teammate,

Coach Marrero

Middle School Physical Education

[Marrero.Nelson@franklin-academy.org](mailto:Marrero.Nelson@franklin-academy.org)

“Never give up! Failure and rejection are only the first step to succeeding.” -Jim Valvano (Basketball Coach)

**(**Please cut on dotted line) **Due: 1/11/18**

**Physical Education Agreement** Period:\_\_\_\_\_\_\_

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (print full name) understand the rules, procedures and policies that I need to uphold in physical education class this semester (2017-2018 school year.) By signing this agreement, I am agreeing to follow the rules and policies of Franklin Academy in joint with Physical Education class and I understand the consequences that will follow if I do not.

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Signature Date: \_\_\_\_\_\_\_\_\_

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature Date: \_\_\_\_\_\_\_\_\_\_